



ST. ALFRED'S
EPISCOPAL CHURCH
PALM HARBOR, FLORIDA

The Holy Eucharist: Rite One
The First Sunday in Lent
Saturday, March 8, 2025 at 5 p.m.

The Reverend Larry Hooper, Celebrant
The Reverend Peter Lane, Preacher

The Word of God

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The Holy Eucharist: Rite Two
The First Sunday in Lent
Sunday, March 9, 2025 at 10 a.m.

The Reverend Larry Hooper, Celebrant
The Reverend Peter Lane, Preacher

The Chiming of the Hour (*Prayerful silence is requested as our worship begins.*)

The Prelude

Reflection on Kingsfold

Maureen Howell


The Word of God

The Great Litany

Plainsong

The Great Litany, composed by Archbishop Thomas Cranmer in 1544, became a cornerstone of Anglican worship as the Church's identity took shape during the Reformation. In fact, the Great Litany predates the publication and use of the first Book of Common Prayer in 1549. Its beauty is in part the way it connects us to our deepest Anglican roots. But in greater part, its beauty is in the way it connects us to our deepest need for God's mercy. It is a brilliant summary of the entire Psalter, exploring the full range of human experience and the ways that those experiences draw us closer to God and our need for God's love and forgiveness. As we enter this holy season of Lent, the Great Litany puts us in just the right frame of mind and heart to discover fully the beauty and blessing of this season.


Litanist Holy God, Creator of heaven and earth,

People 
Have mer - cy on us.


Litanist Holy and Mighty, Redeemer of the world,

People 
Have mer - cy on us.


Litanist Holy Immortal One, Sanctifier of the faithful,

People 
Have mer - cy on us.

Litanist Holy, blessed and glorious Trinity, One God,

People 
Have mer - cy on us.

Litanist From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,

People 
Sa - vior, de - liv - er us.

Litanist From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws,

People Sa - vior, de - liv - er us.

Litanist From sins of body and mind; from deceits of the world, flesh and the devil,

People Sa - vior, de - liv - er us.

Litanist From famine and disaster; from violence, murder, and dying unprepared,

People Sa - vior, de - liv - er us.

Litanist In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

People Sa - vior, de - liv - er us.

Litanist By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

People Sa - vior, de - liv - er us.

Litanist By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

People Sa - vior, de - liv - er us.


Litanist By your agony and trial; by your cross and passion; by your precious death and burial,

People Sa - vior, de - liv - er us.

Litanist By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

People Sa - vior, de - liv - er us.

Litanist Hear our prayers, O Christ our God.

People 
Hear us, O Christ.

Litanist Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

People 
Hear us, O Christ.

Litanist Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

People 
Hear us, O Christ.

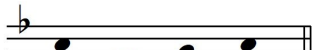
Litanist Enlighten your bishops, priests and deacons (especially _____) with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

People 
Hear us, O Christ.

Litanist Give your people grace to witness to your word and bring forth the fruit of your Spirit.

People 
Hear us, O Christ.

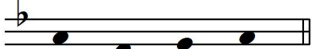
Litanist Bring into the way of truth all who have erred and are deceived.

People 
Hear us, O Christ.

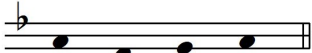
Litanist Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

People 
Hear us, O Christ.

Litanist Guide the leaders of the nations into the ways of peace and justice.

People 
Hear us, O Christ.


Litanist Give your wisdom and strength to _____, the President of the United States, _____ the Governor of this state, that in all things they may do your will, for your glory and the common good.

People 
Hear us, O Christ.

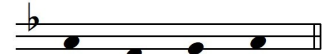
Litanist Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

People 
Hear us, O Christ.

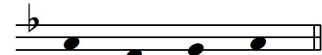
Litanist Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

People 
Hear us, O Christ.

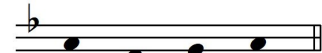
Litanist Give us the will to use the resources of the earth to your glory and for the good of all.

People 
Hear us, O Christ.

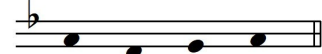
Litanist Bless and keep all your people,

People 
Hear us, O Christ.

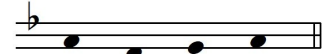
Litanist Comfort and liberate the lonely, the bereaved (especially _____) and the oppressed.

People 
Hear us, O Christ.

Litanist Keep in safety those who travel (especially _____) and all who are in peril.

People 
Hear us, O Christ.


Litanist Heal the sick in body, mind or spirit (especially _____) and provide for the homeless, the hungry and the destitute.

People 
Hear us, O Christ.


Litanist Guard and protect all children who are in danger.

People 
Hear us, O Christ.

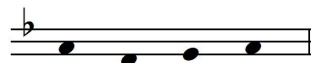
Litanist Shower your compassion on prisoners, hostages and refugees,
and all who are in trouble.

People 
Hear us, O Christ.


Litanist Forgive our enemies, persecutors and slanderers, and turn their hearts.

People 
Hear us, O Christ.

Litanist Hear us as we remember those who have died (especially _____) and grant
us with them a share in your eternal glory.

People 
Hear us, O Christ.

Litanist Give us true repentance; forgive us our sins of negligence and ignorance and
our deliberate sins; and grant us the grace of your Holy Spirit to amend our
lives according to your word.

People 
Ho-ly God, Ho-ly and Migh-ty, Ho-ly Im-mor-tal one, Have mer-cy on us.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

The Celebrant says the following Collect.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

A Prayer for the Parish

Almighty and everlasting God, ruler of all things in heaven and earth, hear our prayer for our parish family; strengthen the faithful, arouse the careless, restore the penitent. Impart a passion for the accomplishment of Your will and purpose. Grant to our church all things necessary for our common life and inspire us to pray and labor diligently for the extension of Your kingdom, through Jesus Christ our Lord. *Amen.*

The First Lesson: Deuteronomy 26:1-11

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader The Word of the Lord.

People Thanks be to God.

(Remain seated for the singing of the Psalm.)

Psalm 91:1-2, 9-16 *Qui habitat*

Plainsong/Kevin Johnson

(The Choir sings the Antiphon first; then All repeat it. Repeat the Antiphon as indicated.)

Antiphon



God shall give his an-gels charge o-ver you, to keep you in all your ways.

- 1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.
- 2 He shall say to the LORD,
"You are my refuge and my stronghold, *
my God in whom I put my trust." **Antiphon**

Antiphon



God shall give his an-gels charge o-ver you, to keep you in all your ways.

- 9 Because you have made the LORD your refuge, *
and the Most High your habitation,
- 10 There shall no evil happen to you, *
neither shall any plague come near your dwelling. **Antiphon**
- 11 For he shall give his angels charge over you, *
to keep you in all your ways.
- 12 They shall bear you in their hands, *
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet. **Antiphon**
- 14 Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.
- 16 With long life will I satisfy him, *
and show him my salvation. **Antiphon**

The Epistle: Romans 10:8b-13

“The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader The Word of the Lord.

People Thanks be to God.

Hymn 150

Forty Days and Forty Nights

Aus der Tiefe rufe ich

The Holy Gospel: Luke 4:1-13

Priest The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'"

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Priest The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Reverend Peter Lane

(A moment for reflection.)

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,

of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People may greet one another in the name of the Lord.

Welcome and Announcements



The Holy Communion

The Offertory

Blessed Be the Lord, My Rock

Abbie Betinis

Blessed be the Lord, my rock and my fortress,
My stronghold, my deliverer,
My shield and he in whom I take refuge.

We are like breath,
Our days are like a passing shadow.

Bow thy heav'ns, O Lord,

Come down!

Stretch forth thy hand from on high,

Rescue me, deliver me.

I will sing a new song to thee, O God.

- Psalm 144

(The people stand and sing the following hymn while the offerings are presented and placed on the Altar.)

Hymn 380, Stanza 3

Praise God from Whom All Blessings Flow

Old Hundredth

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heav'nly host:
Praise Father, Son, and Holy Ghost. Amen.

The Great Thanksgiving *Eucharistic Prayer 1 (Enriching Our Worship)*

The Celebrant, faces them and says

The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

The Sanctus

Jeffrey Smith

(Organ) Ho ly, - ho ly, ho - ly Lord, God of pow'r and might,
heav'n and earth are full - of your - glo - ry, Ho san - na - in the - high est.
Bless ed is he who comes in the name of - the - Lord. Ho - san - na, ho -
san - na, ho san - na - in the high est.

The people stand or kneel.

Then the Celebrant continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with [_____ and] all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

Celebrant and People AMEN.

The Lord's Prayer

Page 364

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

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Fraction Anthem

Lamb of God

Jeffrey Smith

Lamb of God, you take a-way the sins of the world: have mer - cy on us.

Lamb of God, you take a-way the sins of the world: have mer - cy on us.

Lamb of God, you take a-way the sins of the world: grant _____ us peace.

Communion Voluntary

Adagio

Miriam Reveley

The Postcommunion Prayer *(Said by All)*

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Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

Celebrant Bow down before the Lord.

The people kneel and the Celebrant says the following prayer.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. Amen.

Hymn 143

The Glory of These Forty Days

Erhalt uns, Herr

The Dismissal

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The People respond Thanks be to God.

(If you must leave before the conclusion of the Postlude, please do so quietly as our broadcast is still in progress.)

Postlude

Prelude in G Major

Fanny Mendelssohn-Hensel

Coffee Hour

Please join us in Reister Hall for coffee immediately following the service.

Reister Hall is located to your left as you exit the church building.

Prayer List

Please pray for

David
 David and Lynne Aukamp
 Michele, Charlotte and John
 Kristen B.
 Beverly Butters
 Patrick Dean
 Andrew Behm
 Vivian Bish
 Alex and Diane Hugill
 Pope Francis
 Fran Lever
 Diane Linindoll
 Cindy Logsdon

Fran Martin
 Beverly Penland
 Ronnie Pyle
 Lynn Sanford
 Clay Shiflet
 Robin and Bill Tiner
 Wally and Joan Tyson
 Eric White
 Michael Wilkey
 Our nation
 All who serve our country at
 home and abroad

Those affected by the Flu
 and COVID
 Healthcare Workers
 Victims of violence
 Victims of the California
 wildfires and all natural
 disasters
 The people of The Middle
 East, Ukraine, Sudan, Haiti
 and all places torn by strife



Weekly Calendar

Monday, March 10	7 p.m., Bible Study (Library)
Tuesday, March 11	1 p.m., Fellowship Meeting (Library)
Wednesday, March 12	2 p.m., Finance Meeting (Library) 7 p.m., Bell Choir (Church)
Thursday, March 13	10:30 a.m., Centering Prayer (Garrett Chapel) 12 p.m., The Holy Eucharist with Healing 7 p.m., Choir Rehearsal (Choir Room)
Friday, March 14	10 a.m., GriefShare (Library) 1:30 p.m., Caregiver Support Group (Library) 7 p.m., Faith in the Public Square (Library)
Saturday, March 15	
2nd Sunday in Lent	5 p.m., The Holy Eucharist: Rite I
Sunday, March 16	10 a.m., The Holy Eucharist: Rite II
2nd Sunday in Lent	11:15 a.m., Coffee Hour (Reister Hall) 12 p.m., Adult Faith Formation (Library and Zoom)

— *Announcements* —

Coming Together in Prayer during Lent, March 5 through April 19

The Daughters of the King are going to be praying daily for our parish during Lent. We invite everyone in the parish to join us. There are copies of this prayer in the Narthex to take home with you.

Lenten Prayer Resources

Resources for your Lenten prayer and meditation will be found on a table at the front of the church by the north door. The resources will change weekly. Stop by and see what's new. The church will be open for prayer during the Lenten season, Monday through Friday 9 a.m.-2 p.m. You may enter and exit the church by north door, the door closest to the parking lot.

Tech Help Available

Frustrated using your cell phone, tablet or laptop? Stop by St. Alfred's Tech Help Table in Reister Hall during Coffee Hour during the Sundays in March. Bring your device(s) and questions!

Adult Faith Formation to begin Bonhoeffer Book

On Sunday, March 23, the Adult Faith Formation group will begin study of Dietrich Bonhoeffer's book *Life Together*. The group meets on Sundays at noon in the Library of the Parish Center. All are welcome. Come and join us for some lively discussion.

A Lenten Evensong, Sunday, March 23

A service of Choral Evensong will be offered by our Parish Choir of Adults, directed by Organist-Choirmaster Kevin Johnson on Sunday afternoon, March 23 at 4 p.m.

Easter Altar Flowers

The Flower Guild will be handing out order forms for Easter Altar Flowers in a few weeks. Donations for Easter Altar flowers must be received by Sunday, April 13.

Reflection on Kingsfold - Maureen Howell, Self-published
Blessed Be the Lord, My Rock - Abbie Betinis, Graphite Publishing
Sanctus and Agnus Dei (Mass in E) - Jeffrey Smith, MorningStar Music Publishers
Adagio in C Minor - Miriam Reveley, The American Organist
Prelude for Organ in G Major - Fanny Mendelssohn-Hensel, IMSLP
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